

# **OUTDOOR CAMPS**

**GRAN CANARIA 2018/2019** 





### **OUTDOOR CAMPS**

#### **GRAN CANARIA: A GIANT PLAYGROUND**

Gran Canaria is a destination known for its comfortable climate all year round. The wonderful beaches and incredible cliffs make the island an ideal place to enjoy an array of exciting outdoor activities.

#### **SPECIAL EDITIONS**

Sign up for our programmed international meetings and enjoy escaping winter to socialize and expand your network of globe-travelers.

Offering a 7-night trip, full of adrenaline and fun, in which we combine different sports and activities so that you can enjoy your stay on the island as much as possible and make new friends from all over the world. Aside from the main activities, every afternoon we offer other group activities, such as: Yoga, Acroyoga, Team Building games and more.

Transport will be taken care of so you don't even have to think about it!

Our staff will bring you to and from the activities, as well as the airport.

Do not miss this opportunity and join our team of explorers in the Base Camp of Gran Canaria.

#### THE EXPERIENCE INCLUDES:



ACCOMMODATION IN UNIQUE PLACES



**ACTIVITY PROGRAM + EXTRA ACTIVITIES** 



TRANSPORT INCLUDED



MEET NEW FRIENDS
FROM AROUND THE WORLD



THE BEST PRICES

# INTERNATIONAL OUTDOOR MEETINGS

- Activity Program + Extra Activities: Several editions are held throughout the year. Choose the date that works for you and reserve your spot now in the trip featuring the kind of adventure you like: Climbing / Adventure / Rock&Sea.
  Each day, after the main activity, the group will return to Base Camp to enjoy other activities in group, like: yoga, acroyoga, stretching, excursions or team building games.
- Accommodation in our Base Camp: Our mountain trips are held in our Base Camp, which is located in a marvelous area in the center of the island. A place for you to enjoy integrating with the other travelers in your group and kick your feet up after a long day in the mountain.
  On the other hand, the Rock&Sea trips are held in hostels on the coast.
- Make friends: These meetings are a great opportunity to meet people from all over the world, as well as strengthen the bonds within your group. It's more than just making friends, though, we're really forming family.
- Transport included: Unlike our other trips, the programmed meetings take care of your transport for you. Without worrying about renting a car, you are free to just enjoy.
- Best Offer: Our programmed trips are organized so that you can enjoy your experience
  with A Winter Dream at a reasonable price. If you prefer a personalized touch to your
  journey, you can reserve a Weekly Program trip at another date. More info at www.
  awinterdream.com



"THE BEST WAY TO ENJOY AN ADVENTURE WHILE MEETING OTHER LIKE-MINDED PEOPLE"

#### **CHOOSE THE DATE YOU PREFER**

There are several trips throughout the year. Choose the date that suits your schedule and reserve your spot now before it fills up.

	AUTUMN EDITION	WINTER EDITION	
• Climbing Camp:	NOV 17 - NOV 24	DIC 23 - DIC 30	
• Adventure Camp:	OCT 27 - NOV 03	DIC 30 - JAN 06	
• Rock&Sea Camp:	NOV 03 - NOV 10	DIC 15 - DIC 22	

**Deadline:** Sign up for our activities or programmed meetings at least 15 days in advance. In the case that you can't make it to any of our programmed events, we invite you to participate in our Weekly Programs. Find more information at www.awinterdream.com.





Gran Canaria, AKA "Climb Canaria" is the perfect destination for rock climbers who want to improve their climbing techniques with access to a wide range of rock-types. From beginner to expert, the different climbing sectors offer a world-class outdoor climbing gym catered to your skill level. With amazing landscapes to enjoy while immersed in a full week of rocky adventure, don't let this opportunity to climb from paradise to heaven pass you up!

The Climbing Camp was designed to get the Climbing days last from 4 to 5 hours. In the most out of your holidays. Every day starts with afternoon the group comes back to Base Camp a stretching session before breakfast. Once the to enjoy the swimming pool, outdoor activities group finishes their breakfast and tidy up, we and games before and/or after dinner. begin preparing to get climbing.

#### DAY 1: Arrival to Gran Canaria

We will meet the travelers at the airport and leave for the Base Camp in Fataga. There, we will present the itinerary of the trip and check-in with the climbers about their mountaineering skills and level of ability.

In the afternoon, there will be time to 'arrive' and settle in, go for a walk, and get to know the area.

#### **DAY 2: Sport Climbing in Fataga**

For our first day our guides will bring us out to Fataga dam, where there is a great climbing zone, to spend the day. The crag in Fataga is one of the most popular for local climbers. With short but explosive routes, this amazing volcanic rock is some of the most special to the whole island.

Once we've finished climbing for the day, the group will head back to Base Camp, where food will be served. After eating, there will be free time to enjoy the swimming pool, and then there will be a strength-training workout activity to help prepare the climbers for the week. In the evening, there will be a gathering arranged to integrate the group.

#### **DAY 3: Sport Climbing in Fataga**

The third day begins with stretching and breakfast, after which we will come back to Fataga's dam sector, where we will finish our challenges from the previous day.

At the end of the day, we come back to our Base Camp where we will play games, enjoy the swimming pool, do some stretching and finish the day watching a mountain exploration movie, falling asleep dreaming about climbing and our adventures for the days to come.

#### DAY 4: Rock&Sea Day

The fourth day will be semi-relaxed. The climbers will have time to visit the natural wonders of Gran Canaria, like a hike to the impressive Roque Nublo, Gran Canaria's biggest icon, and then head back to Maspalomas beach. Coming down from the highest point of the mountain to the coast will let you see the marvellous topography and contrast of the scenery on the island.

#### **DAY 5: Sport Climbing in Sorrueda**

Today we will get to know a new climbing area: La Sorrueda, one of the most beautiful cliffs in the area. It's reddish rock, arid landscape and beautiful scenery makes La Sorrueda a dream location for lovers of grades six and seven. Today's lunch will be a picnic that we will enjoy while taking a break from climbing.

After the day's fun, the group will come back to the Base Camp in Fataga in time for sunset, where we will enjoy a session of Acro-Yoga in the sun's setting rays and an evening gathering after supper.

#### **DAY 6: Sport Climbing in Sorrueda**

After stretching and breakfast, we will come back to La Sorrueda cliff to continue our challenges from the day before and to explore new routes and sectors. Lunch will be a picnic.

Around mid-afternoon we will head back to Base Camp to relax, to swim in the pool and eat supper.

#### **DAY 7: Sport Climbing in Tamadaba**

The last day of activities we will spend in one the most beautiful and biodiverse places on the island, Tamadaba Natural Park. This amazing rock and pine grove enclave is rich in both flora and fauna, and home to many varieties of endemic plants to the area. It is a perfect place to spend the day in symbiosis with nature. We will climb here all the day and enjoy the divine views of the Park.

At dusk the group will come back to Base Camp in Fataga where we will enjoy a delicious barbecue and play some games to say goodbye before departure the next day.

#### **DAY 8: Leaving Gran Canaria**

The group will be transferred to the airport and head home.



Have you ever dreamt about **living on a giant playground**? In Gran Canaria this dream is a reality! We invite you to live this unforgettable experience along with new friends from around the world. Gran Canaria's marvellous beaches and amazing cliffs turn this island into an ideal place to practice all kinds of outdoor activities. In just one week you can hike, climb, jump, surf, explore and challenge yourself to your limits. Don't waste anymore time dreaming, do it!

#### TAILORED FOR EVERYBODY

The program is based on 5 days of varied activities, in **English or Spanish**, accompanied by **local professional guides**. The main guided activities have a minimum duration of **3.5/4 hours** per day. **The guides will adapt to the level of the group**, which will be be previously communicated.

#### **ADDITIONAL ACTIVITIES**

The main activities are during the morning. After lunch we will have additional activities such as:

- Acroyoga session. Find your balance and stability between body and mind.
- Yoga Sunset. Relax and stretch in a heavenly location with a professional yoga teacher. Suitable for beginners/experts.
- Team building and strategy games. Have fun bonding with the other people on your trip!
- Discover Tufia. The impressive seaside village with cave houses. Snorkel on the beach (optional)
- Surprise day. A little party? Learn about Canarian traditions? Vegetarian cooking workshop?

In the evening, the group comes back to Base Camp to enjoy the swimming pool and chill before or after dinner.

#### DAY 1: Arrival in Gran Canaria

Travelers will be picked up at the airport and taken to the Base Camp in Fataga.

After an initial introduction of the itinerary for the week, the level of 'sea and mountain' experience of each of the travelers will be discussed to specify and adjust the itineraries of each day.

#### DAY 2: Hiking the island's summit

Today we will follow a **hiking trail connecting** two very important points on the island: **La Cruz de Tejeda and the beautiful town of Artenara.** We will witness **wonderful views** and learn about this area loaded with history of the ancient inhabitants of the island.

#### DAY 3: Surf Lessons in La Cicer, Las Canteras Beach

We will travel to the north of the island, to the famous La Cicer Beach, after having breakfast. There, we get our equipment (surfboard and wetsuit) and we will learn how to catch our first waves. Equipment is available to be rented at the end of the lesson if you wish to continue surfing after the lesson ends.

#### DAY 4: Sport Climbing in La Sorrueda

Sport Climbing in La Sorrueda. Today we will spend the day climbing in La Sorrueda. The crag of La Sorrueda is one of the most popular for local climbers. It has short but very explosive routes and its volcanic rock is one of the most special on the island.

#### DAY 5: Rock&Sea Day

The fifth day will be **semi-relaxed**. The climbers will have time to **visit the natural wonders of Gran Canaria**, like a hike to the impressive such as amazing **walk to Roque Nublo**, Gran Canaria's biggest icon, and then head back **go to Maspalomas beach**. Coming down from the highest point of the mountain to the coast will let you see the **marvellous topography and contrast of scenery** on the island.

#### DAY 6: Canyoning in Los Cernícalos / La Manta

If you haven't yet done a ravine descent you will love this! We will **slide through unique waterfalls, descend by rappel, throw ourselves into natural water slides**, of course, always with the proper equipment. It's like a day in nature's waterpark!

#### DAY 7: Via Ferrata at Berriel

On this day we will enjoy an impressive adventure: the **ascent of a great wall** through a via ferrata or cordata. **An exciting and fun activity suitable for all abilities.** Sure to be another unforgettable day.

#### DAY 8: Departure from Gran Canaria

The group is taken to the airport, where they are dropped off and begin their journey home.



Come enjoy the contrast between mountain and sea! With A Winter Dream you will learn all that you need to be able to surf the waves like a dolphin and scale the walls like a spider.

In Gran Canaria we have the **best surf spots in Europe**, huge sand dunes and an ocean of possibilities. There isn't a lack of **impressive rock walls to climb**, nor landscapes to discover. Dare to dream and our experts will help you **connect to your wild side**. Do you accept the challenge?

#### TAILORED FOR EVERYBODY

The travel itinerary contains 5 days of climbing and surfing activities, in English or Spanish, with accompaniment of a local professional guide. These guided activities last up to 4 hours for climbing activities and up to 2/4 hours for surfing activities. The guide will adapt to the group's level. You should communicate previously your level in order to organise lessons.

#### **ADDITIONAL ACTIVITIES**

The main activities are during the morning, after lunch we will have other group activities in the afternoon:

- Acroyoga session. Challenge your balance and find stability between body and mind
- Yoga Sunset. Relax in a heavenly location with a professional yoga teacher. Suitable for beginners/experts.
- Discover North Coast. Explore the rocky beaches and natural swimming pools.
- Beach Sports: Play tennis, volleyball and soccer or frisbee on the beach. Surf equipment available.
- Surprise day. A little party? Learn about Canarian traditions? Vegetarian cooking workshop?

In the evening, the group comes back to the hostel to enjoy and chill before or after dinner.

#### DAY 1: Arrival to Gran Canaria

Travelers will be picked up at the airport and taken to the Base Camp in Fataga.

After an initial **introduction of the itinerary** for the week, the level of surf and mountaineering experience of each of the travelers will be discussed to specify and **adjust the itineraries of each week**.

#### **DAY 2:** Sport Climbing in Fataga

Our guide will take you to Fataga, where you are going be climbing and enjoying all day. The crag in Fataga is one of the most popular for local climbers. Is has short, but explosive, routes and its volcanic rocks are some of the most unique to the whole island.

#### • DAY 3: Surf Lessons in La Cicer, Las Canteras Beach

After having breakfast we will move to La Cicer, located on the famous urban beach Las Canteras. There, we will get the equipment (surfboard and wetsuit) and begin to **learn how to catch our first waves**. Equipment is available to be rented at the end of the lesson if you wish to continue surfing in the afternoon.

#### DAY 4: Rock&Sea Day

The fourth day will be **semi-relaxed**. The climbers will have time to **visit the natural wonders of Gran Canaria**, like a hike to the **impressive Roque Nublo**, Gran Canaria's biggest icon, and then head back to **Maspalomas beach**. Coming down from the highest point of the mountain to the coast will let you see the **marvellous topography and contrast** of the scenery on the island.

#### DAY 5: Sport Climbing in Sorrueda

This day we will get to know a new climbing area: La Sorrueda, one of the most beautiful cliffs in this area. It's reddish rock, arid landscape, and beautiful scenery makes La Sorrueda a dream location for the lovers of grades six and seven.

#### DAY 6: Surf Lessons in La Cicer, Las Canteras Beach

After breakfast we will **explore the old town** part of the city Las Palmas de Gran Canaria. At midday we have our **second surf lesson** in Las Canteras.

#### DAY 7: Sport Climbing in Tamadaba

The last day of activities we will spend in one the most beautiful and biodiverse places on the island, Tamadaba Natural Park. This amazing rock and pine grove enclave is rich in both flora and fauna, and home to many varieties of endemic plants to the area. It is a perfect place to spend the day in symbiosis with nature. We will climb here all the day and enjoy the divine views of the Park. At dusk the group will come back to Base Camp in Fataga where we will enjoy a delicious barbecue and play some games to say goodbye before departure the next day.

#### DAY 8: Leaving Gran Canaria

The group is taken to the airport, where they are dropped off and begin their journey home.



# THE BASECAMP

The Base Camp works like meeting point for people from all over the world where you can enjoy this sunny paradise of volcanic rock. If you are looking to meet new people and to take part in group outdoor activities, we have exactly what you need.







ACCOMMODATIO ALL-INCLUDED



FOR RELAXING



GUIDED ACTIVITIES



MEET NEW FRIENDS



HAVE FUN



A WORLD TO DISCOVER

#### KEEP CALM AND ENJOY THE NATURE

Enjoy your stay in an oasis with palm trees at our Basecamp in Fataga. Relax and enjoy exploring a small Canarian village and delight in perfect holiday with everything included.

The property has 1.000.000 m2, a lodge home to numerous resources, a variety of routes to practice hiking, biking and equestrian routes.

What's more is you will find many common spaces where you can train, meditate, do yoga, talk, create projects and more.

#### THE BASECAMP INCLUDES:

- Pool / Jacuzzi
- Eco-farm
- Grill Restaurant / Kitchen
- Free Wifi Access
- **X** Outdoor Spaces
- Pet Friendly
- Hiking Routes
- Camping place for vehicles

## WHERE DO YOU WANT TO STAY?

DOUBLE ROOM

Basecamp



Enjoy staying in an inviting room for two in the Fataga Basecamp. Canarian country style rooms have an individual bathroom and a space to relax, with a balcony or terrace.

CLIMBING CAMP ADVENTURE CAMP

## **TENT**Basecamp



Bring your own tent or sleeping bag and enjoy the other outdoor facilities of the Basecamp, like the swimming pool. In case of rain we have prepared special zone with a roof to seek refuge. Experience luxurious camping!

CLIMBING CAMP ADVENTURE CAMP

## **URBAN HOSTELS**Las Palmas City



The meetings for Rock&Sea are held in hostels in the city of ocean and culture, Las Palmas de Gran Canaria. An ideal place to enjoy the ocean closeby, getting to know fellow travelers, and at the same time being a part of local scene and learning about the culture.

**ROCK&SEA CAMP** 





# **SERVICES**

#### **OUR OUTDOOR CAMPS INCLUDE:**

- **Welcome Service:** Travelers are received by the coordinators at the airport and escorted to their accommodation. The coordinators speak Italian, English, German and Spanish and will be available for any questions or concerns during your stay.
  - The participants will be provided with a shirt to remember the trip to Gran Canaria.
- **7 night accommodation** in tent or private room shared with other participant. Bring your own tent or contact us if you need it.
- 5 days with a local guide expert in your selected activities, English / Spanish speaking, ratio 1:4, at least 4 hours per day.
- Breakfasts and suppers: Full board is optional.
- Transport
- The necessary equipment for activities: We provide the ropes, carabiners, quickdraws, gri-gri and helmets. We strongly recommend you bring your own climbing/canyoning shoes and harnesses, if you have them, although our team can provide them if necessary.
- Private accident insurance
- Basic travel insurance

#### **NOT INCLUDED IN OUR SERVICES**

- Flight Tickets.
- Climbing and canyoning shoes. Contact us if you need shoes.
- Lunches and drinks.
- Extra services in situations beyond our control.
- Everything that you can't find in included service.
- Tent

# PRICE / PERSON







#### Booking deadline:

You can book your trip up to 15 days before the start of the adventure.

#### **CUSTOMIZE YOUR TRIP**

Consult our weekly programs or design your own trip: www.awinterdream.com

\* For larger groups please request price on demand.



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With the technical assistance of the Travel Agency:





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